

## MATERNITY PROGRAMME APPLICATION

### A. IMPORTANT INFORMATION

1. All information supplied on this form will be treated as confidential
2. One application must be completed per beneficiary applying for enrolment per pregnancy.
3. Allow **5 working days** for the processing of your application.
4. Please submit all required information timeously, incomplete forms will not be processed.
5. Approval of enrolment is subject to the rules of the Scheme and Momentum TYB Clinical Protocols.
7. Send completed forms via fax **086 599 4511** or email **wellbeing@medimed.co.za** or call **0860103228** for more information

### B. BENEFICIARY DETAILS

Scheme  Option

Membership Number

Surname  First Names

Title  Date of Birth  ID Number

Telephone number (Tel)  Cellular

Email address

Residential Address

(if indicated maternity bag delivered by courier)  Code

The preferred method of communication is: Email  Telephone  Cellular  Post  Fax

### C. BENEFICIARY MEDICAL HISTORY

Weight  kg Height  m Hip/Waist ratio  Smoker?  Y  N Ave per day

Alcohol  Y  N Units/week  Allergies  Y  N Specify

Exercise: Type  Intensity (Tick) Low  Medium  High

Blood pressure  mmHg Blood Glucose (HGT)  mmol/L Chronic Authorisation

Chronic Conditions: Cardiovascular  Endocrine  Respiratory  Psychiatric  HIV  Other

### D. CURRENT PREGNANCY

Last Menstrual Period  Expected Date of Delivery

Weeks Pregnant  Previous Pregnancies (including current pregnancy)  Number of live births

Is this a multiple pregnancy?  Y  N If yes, Twins  Triplets  Fertility Treatments?  Y  N

Have you had any antenatal scans?  Y  N If yes, were any problems detected?

Are you currently suffering from any of the following pregnancy induced conditions?

Gestational Hypertension  Pre-Eclampsia  Gestational Diabetes  Placenta Previa

Mode of delivery (planned) Normal Vaginal Birth  Caesarian Section

### E. PREVIOUS PREGNANCIES AND DELIVERIES

Have you ever had a multiple pregnancy?  Y  N If yes, Twins  Triplets  Fertility Treatments?  Y  N

Have you previously had a miscarriage, stillbirth, ectopic pregnancy?  Y  N If yes, please provide details:

Patient name  Membership number

**E. PREVIOUS PREGNANCIES AND DELIVERIES**

Have you previously had amniocentesis tests carried out?  Y  N If yes, please provide details

Did you experience any of the following during previous pregnancies? Small for gestational age  Preterm labour

Gestational Hypertension  Pre-Eclampsia  Gestational Diabetes  Placenta Previa

Previous deliveries? Vaginal birth  Y  N Number  Caesarian  Y  N Number

Did you experience any of the following during a vaginal birth? Induced labour  Vacuum extraction

Forceps  Complications  Please specify

Please provide reasons for the caesarian delivery: Elective caesarian  Emergency caesarian

Previous Caesar  High Risk Pregnancy  Other  Please specify

Did you experience any of the following complications after the birth of your children? Placental retention

Severe bleeding  Post partum infection  Breast feeding problems  Post natal depression

**G. PREVIOUS NEONATAL COMPLICATIONS**

Did your newborn babies experience any health problems  Y  N If yes, please specify Preterm  Gestation

Breathing problems  Neo-natal jaundice  Bleeding under scalp  Feeding problems

Other  Please specify

**H. MEDICAL PRACTITIONER DETAILS**

General Practitioner: Surname  Initials  Practice no.

Telephone number  Fax number

Gynae/Obstetrician: Surname  Initials  Practice no.

Telephone number  Fax number

Midwife: Surname  Initials  Practice no.

Telephone number  Fax number

Enrolment form completed by: Name  Designation

Signature  Date

**I. DECLARATION**

By signing below, I hereby give permission for, acknowledge and/or agree to the following:

- My (or my minor dependant's) doctor may provide clinical information regarding my/minor's condition to the Wellbeing Team;
- All information concerning this application will remain confidential at all times.
- I accept that I have a responsibility towards my own health and that of my unborn child, irrespective of the maternity programme
- All treatment decisions remain the responsibility of the of the beneficiary's health care provider irrespective of the application decision made in terms of the Scheme rules, clinical criteria and protocols.

Expectant mother's signature (or gaurdian)  Date

**J. ADMINISTRATION USE ONLY**

Did the member receive a maternity bag?  Y  N Who issued the maternity bag

Was information given regarding the maternity programme?  Y  N Was information given regarding benefits  Y  N

**NOTES**