

MATERNITY PROGRAMME APPLICATION

SECTION A: IMPORTANT INFORMATION

1. One application must be completed per beneficiary applying for enrolment per pregnancy.
2. Allow 5 working days for the processing of your application.
3. Please submit completed forms as incomplete information may delay registration.
4. Approval of enrolment is subject to the rules of the Scheme and Momentum TYB Clinical Protocols.
5. Please send completed forms to wellbeing@medimed.co.za or contact the Disease Risk Management team on 086 177 7660 with any queries.
6. Please note this form does not need to be completed by a doctor; members can complete the form.

SECTION B: BENEFICIARY DETAILS

Scheme				Option			
Title		Initials		First Names			
Medical Aid Number				Identity Number/ Passport Number			
Date of Birth							
Telephone Number (Home)				Cellphone Number			
E-mail Address							
Residential Address							

Preferred way of communication (please tick one option): Tel (H) ☐ Cellphone ☐ Email ☐

SECTION C: HISTORY

Current weight		kg	Height		m	Hip/Waist ratio		Smoker?		Ave per day		
Alcohol		Units/week		Allergies		Specify						
Exercise: Frequency		times a week	Type			Intensity (Tick): Low	☐	Medium	☐	High	☐	
Current blood pressure		mmHg	Pulse		/m	Blood Glucose (HGT)						
Chronic Conditions:	Cardiovascular	☐	Endocrine	☐	Respiratory	☐	Psychiatric	☐	HIV	☐	Other	☐
Please specify							Chronic Authorisation					

SECTION D: CURRENT PREGNANCY

Last Menstrual Period		Expected Date of Delivery	
Weeks Pregnant		Previous Pregnancies (including current pregnancy)	
Is this a multiple pregnancy?		Number of live births	
If yes, Twins	☐	Triplets	☐
Fertility Treatments?			

Have you had any antenatal scans? If yes, were any problems detected? **Are you currently suffering from any of the following pregnancy induced conditions?**Gestational Hypertension ☐ Pre-Eclampsia ☐ Gestational Diabetes ☐ Placenta Previa ☐**Mode of delivery (planned):** Normal Vaginal Birth ☐ Caesarian Section ☐ If yes, please select indicationElective Caesarian ☐ Previous Caesar ☐ Multiple Births ☐ High Risk Pregnancy ☐**SECTION E: PREVIOUS PREGNANCY****Have you ever had a multiple pregnancy?** If yes, Twins ☐ Triplets ☐ Fertility Treatments? ☐**Have you previously had a miscarriage, stillbirth, ectopic pregnancy?** If yes, please provide details: **Have you previously had amniocentesis tests carried out?** If yes, please provide details: **Did you experience any of the following during previous pregnancies?** Small for gestational age ☐ Preterm labour ☐Gestational Hypertension ☐ Pre-Eclampsia ☐ Gestational Diabetes ☐ Placenta Previa ☐**SECTION F: PREVIOUS DELIVERIES****Previous deliveries?** Vaginal birth Number Caesarian Number **Did you experience any of the following during a vaginal birth?** Induced labour ☐ Vacuum extraction ☐Forceps ☐ Complications ☐ Please specify **Please provide reasons for the caesarian delivery:** Elective caesarian ☐ Emergency caesarian ☐ Previous Caesar ☐High Risk Pregnancy ☐ Other ☐ Please specify **Did you experience any of the following complications after the birth of your children?** Placental retention ☐Severe bleeding ☐ Post partum infection ☐ Breast feeding problems ☐ Post natal depression ☐**SECTION G: PREVIOUS NEONATAL COMPLICATIONS****Did your newborn babies experience any health problems** If yes, please specify Preterm ☐ Gestation ☐Breathing problems ☐ Neo-natal jaundice ☐ Bleeding under scalp ☐ Feeding problems ☐Other ☐ Please specify **SECTION H: MEDICAL PRACTITIONER DETAILS****General Practitioner:** Surname Initials Telephone Number **Gynae/Obstetrician:** Surname Initials Telephone Number **Midwife:** Surname Initials Telephone Number **Enrolment form completed by:** Name Designation

SECTION I: DECLARATION**By signing below, I hereby acknowledge and agree to the following:**

- My (or my minor dependant's) health care provider may provide clinical information as requested by Medimed medical scheme.
- Maternity benefits as described in the benefit guide are subject to registration on the Maternity programme and subject to scheme rules.
- I accept that I have a responsibility to my own health and that of my unborn child, irrespective of the funding decisions made by Medimed medical scheme.
- All treatment decisions remain the responsibility of the beneficiary's health care provider and should not be affected by the scheme rules, clinical criteria or protocols.
- All information concerning this application will remain confidential at all times, Medimed and the contracted Administrator will keep your personal information confidential and will adhere to the Protection of Personal Information Act, 2013 when processing your personal information. Your personal information will be processed for the purpose of the Medical Schemes Act 131 of 1998.

Print Name and Surname

Date:

Y	Y	Y	Y	M	M	D	D
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Expectant mother's signature (or guardian)

Relationship (if guardian)